

Nepal Everest Base Camp Trek

May 2027



Fully Supported

Starts from Kathmandu 17 May 2027

PACKAGE INCLUDES

- All land arrangements as per itinerary
- Accommodation - 16 nights - hotels, tea houses and camping combination
- Breakfast, lunch and dinner whilst on Trek
- Half Day Tour Kathmandu
- Private group transfer to Ramechap Airport
- Return flight into the highest airport in the world - Lukla
- Private group, fully supported
- Sagamatha National Park entrance fee
- Twin share tea house accommodation

- Accidental insurance for guides and porters
- English Speaking Guide
- Porters throughout the trek

PACKAGE EXCLUDES

- Tips for Guides and Porters
- All beverages, including bottled water
- Personal Medications and Travel Insurance
- International flights

For the full itinerary and further information and bookings email:

Michelle.nicholas@travelmanagers.com.au

*Conditions apply. Secure your spot with a non-refundable deposit of \$750.00 due 01 December, 2026. Price is based on per person double/twin share. Single supplement available, POA and depending on availability. Small group, max 16. Prices are correct at time of publication. The package is based on minimum of 8 people. If the minimum is not reached the price will be recalculated based on the number of participants. Itinerary and properties subject to change. Cancellation fees will apply. Travel Insurance with high altitude coverage is essential. Check for full terms and conditions at www.travelmanagers.com.au/terms-and-conditions

PACKAGE COST – AUD\$3,895.00 PP TWIN SHARE



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Part of the House of Travel Group ACN: 113 085 626 Member: IATA, AFTA, CLIA



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Your Itinerary

Everest Base Camp Trek 17 May to 02 June 2027

Day 1: 17 May - Arrive Kathmandu

Arrive Kathmandu. Our team will welcome you at the Airport and transfer you to your Hotel. If you arrive in the morning or noon, we will arrange a sight seeing tour, including the great Hindu temple or Monkey temple. If you arrive in the evening, enjoy the Hotel and get ready for the start of your trek to Everest region. Welcome Dinner.

Accommodation: Twin Share – Hotel in Kathmandu
Meals: Dinner

Day 2: 18 May – Kathmandu to Ramechap:

Morning tour to Hindu Temple, or enjoy a slow breakfast and sort out your bag for your trek. In the afternoon we travel from Kathmandu to Ramechap. Sit back and relax for 5 hours and enjoy the organised chaos of city to rural views of Kathmandu Valley. Ramechap is a cute little town set up specifically for return flights in and out of Lukla.

Accommodation: Twin Share – Tea House
Meals: Breakfast, Lunch, Dinner

Day 3: 19 May – Ramechap to Lukla

Early wake up for our flight to Lukla, the flight is a 20 minute and follows the Khumbu region. As the airport approaches the Himalayas, you'll typically see a panorama of snow-covered peaks and deep valleys, this is a spectacular and perhaps your first glimpse of Mount Everest! Upon arrival we will walk to a tea house for breakfast and meet our porter team. After breakfast and the porters are ready, we start our hike to Phakding.

Accommodation: Twin Share – Tea House
Meals: Breakfast, Lunch, Dinner
Walk: 3 Hours – Elevation 2600

Day 4: 20 May – Phakding to Namche Bazaar

Today we leave the quiet village of Phakding after breakfast, we follow the Dudh Koshi River upstream towards Namche Bazaar, the gateway to the Everest region. This is a challenging day as we get used to the high altitude and the swinging bridges that cross the river. We ascend into Namche Bazaar late afternoon.

Accommodation: Twin Share – Tea House
Meals: Breakfast, Lunch, Dinner
Walk: 7 Hours – Elevation 3500

Day 5: 21 May – Namche Bazaar to Khumjung

Today is a full and rewarding day trekking. We visit the Khumbu Research Centre and the renowned Everest View Hotel, where breathtaking views of Mount Everest and the surrounding Himalayan peaks, all from the Everest View Hotel. Along the way we also stop at Khumjung Monastery to see the famous Yeti Skull.

Accommodation: Twin Share – Tea House
Meals: Breakfast, Lunch, Dinner
Walk: 7/8 Hours – Elevation 3800

Day 6: 22 May – Khumjung to Panboche

The trek to Panboche is one of the most scenic days in the Everest region, combining spectacular mountain views with rich Sherpa culture. The trail descends gently to Sanasa, a junction where we may be able to spot Himalayan wildlife. We will practise fast walking down hill whenever there is an opportunity, especially in two major down hill sections before arriving in to Panboche

Accommodation: Twin Share – Tea House
Meals: Breakfast, Lunch, Dinner
Walk: 8 Hours – Elevation 4000

Day 7: 23 May – Panboche to Dinboche

Today the real alpine vegetation begins, just big skies and big mountains surround us, with rocks and grassy areas.

Accommodation: Twin Share – Tea House
Meals: Breakfast, Lunch, Dinner
Walk: 5 Hours – Elevation 4400

Day 8: 24 May – Dinboche

Another important acclimatisation hike takes us the Nangkartshang Peak to an elevation of 5,070m, where a steep and challenging ascent is rewarded with more spectacular views of Ama Dablam, Makalu, Lhotse and the surrounding mountains.

Accommodation: Twin Share – Tea House
Meals: Breakfast, Lunch, Dinner
Walk: 5 Hours – Elevation 4400



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Day 9: 25 May –Dinboche to Lobuche

Our elevation gain today is 450 metres, as the elevation increases the landscape becomes increasingly barren. A slow and steady pace is expected today due to the steep climb to Thukla Pass and the thinner air making it a demanding day.

Accommodation: Twin Share – Tea House

Meals: Breakfast, Lunch, Dinner

Walk: 7 Hours – Elevation 4950

Day 10: 26 May – Lobuche to Gorak Shep

This is one of the most exciting stages of the Everest Base Camp Journey, taking us into a stark alpine landscape. We follow a rugged trail alongside the Khumbu Glacier, crossing rocky moraine and undulating terrain where every step is made more challenging by the altitude. After checking into our tea house, mid afternoon we will take the challenging but spectacular climb to Kalapathar for sunset views at 5,600m (higher than Everest Base Camp)

Accommodation: Twin Share – Tea House

Meals: Breakfast, Lunch, Dinner

Walk: 8 Hours – Elevation 5100

Day 11: 27 May– Gorak Shep to Pheriche

Early morning trek to Everest Base Camp. We will then descend and retrace the trail to Pheriche. This is a long day, however, with the benefit of descending to 4370, it will feel easier to breathe as we descend.

Accommodation: Twin Share – Tea House

Meals: Breakfast, Lunch, Dinner

Walk: 11 hours – Elevation 5300 – down to 4370

Day 12: 28 May – Pheriche to Namche Bazaar

Today we continue to descend and retrace our steps on the trail towards Namche Bazaar. It's a long walking day and we will depart Pheriche early. A warm shower and a hearty meal awaits!

Accommodation: Twin Share – Tea House

Meals: Breakfast, Lunch, Dinner

Walk: 10 Hours – Elevation 3500

Day 13: 29 May – Namche Bazaar to Phakding

We have a late start today to walk down to Phakding to enjoy a leisurely day and reflection of our trip, spending another night in the Valley on the Dudh Koshi River.

Accommodation: Twin Share – Tea House

Meals: Breakfast, Lunch, Dinner

Walk: 5 Hours – Elevation 2600

Day 14: 30 May – Phakding to Lukla

A short walk back to the lively town of Lukla. We say goodbye to our wonderful crew. Time for a drink and celebration!

Accommodation: Twin Share – Tea House

Meals: Breakfast, Lunch, Dinner

Walk: 4 Hours – Elevation 2800

Day 15: 31 May – Lukla to Kathmandu (via Ramechhap)

Today marks the final day of an extraordinary Himalayan adventure. As the aircraft climbs away from Lukla's famous maintain runway, the rugged peaks, deep valleys and remote villages of the Khumbu gradually disappear. Looking back on the journey, there is a deep sense of accomplishment, from challenging treks and acclimatisation hikes to the unforgettable experience of reaching Everest Base Camp. When we land in Ramechhap, we drive 5 hours back to Kathmandu. Tonight we will have our final dinner of traditional Nepali cuisine to celebrate!

Accommodation: Twin Share – Hotel

Meals: Breakfast, Lunch, Dinner

Day 16: 01 June –Kathmandu

Rest Day in Kathmandu – also is a day preserved in case of flight delays in Lukla (due to weather). Today is a free day to have lunch and/or dinner of your choosing.

Accommodation: Twin Share – Hotel

Meals: Breakfast

Day 17: 02 June –Kathmandu

We will be transferred to Kathmandu Airport in time for our flights home.

Meals: Breakfast

Please note – during this adventure, the itinerary may change depending on weather conditions. There can be adverse weather in the mountains and flexibility is appreciated to ensure the safety of guests and our crew.



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